

# Peels menu

## Glycolic acid

Glycolic acid is an AHA derived from sugarcane. Glycolic acid has a small water-soluble molecular structure, allowing it to penetrate deeper within the skin than any other AHA and break down the glue that holds the bonds together between skin cells. This encourages the skin to shed to kick start the exfoliation process. It is highly efficient for controlling and reactivating cell synthesis. It encourages cell restoration and promotes an increase in levels of hydration in the epidermis, reinforcing the skin's natural barrier function.

## Lactic acid

The Lactic acid peel is an AHA derived from sour milk. It works by breaking down the protein bridges between skin cells, encouraging them to lift to the surface and exfoliate off. Lactic acid is widely known to be well tolerated by the skin, which is why it is suitable for all skin types, including dry, dehydrated, fine and sensitive skin. Lactic acid stimulates the production of collagen and glycosaminoglycans, which make up the dermal matrix (structure). It has a natural hydrating effect on the skin and attracts water molecules to the surface, which stimulates hydration and improves overall barrier function. This is the "go-to" peel and safe for everyone!

## Mandelic acid

The Mandelic acid peel is an AHA that is derived from bitter almonds. It works by breaking down the protein bridges between skin cells, causing them to become loose and lift off from one another, triggering exfoliation. Mandelic acid stimulates collagen and protein synthesis, encouraging the skin's rejuvenation process. Due to its large molecular size, it penetrates slower than glycolic acid and is better tolerated by the skin. It is amazing for evening out skin tone, brightening dull skin, reducing pigmentation, reducing pore size, balancing oil flow and is great for thickened skin.

## Salicylic acid

Salicylic acid is a BHA derived from willow bark. It imparts a powerful keratolytic, comedolytic, anti-inflammatory and antimicrobial effect. It dissolves the intercellular cement that attaches skin cells to one another and encourages superficial skin reconstruction without producing inflammation. This acid dissolves in oil, allowing it to easily penetrate the skin and reduce sebaceous secretions (oil flow). It is, therefore, ideal for oily, congested, breakout prone, inflamed skin. Open pores, textured, rough, blocked skin, mild acne scars, moderate actinic keratosis and dull skin can also be effectively treated.

## Modified Jessner

Unlike a traditional Jessner, the modified Jessner can be used on all skin types. However, some prepping will need to be done for at least 2–4 weeks prior to this peel. The modified Jessner is a compound of salicylic, lactic and citric acids. This is a broad spectrum peel and promotes many skin benefits, including increasing cell turnover, reducing light pigmentation, improving mild acne scars, smoothing texture, reducing oil production, reducing pore size, brightening complexion and clearing acne.

## Piruvex peel

This is a compound of pyruvic and lactic acids. Pyruvic acid is an AHA with exfoliating, antimicrobial and sebostatic (oil reducing) characteristics. This AHA stimulates collagen and thickening of the epidermis while increasing hydration and firmness but is not suitable for all skin types. This peel increases skin luminosity, softness and brightness, reduces fine lines, acne, oil production and pore size and improves seborrheic and actinic keratoses.



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## Blueberry peel

The Blueberry peel is a very gentle peel designed for sensitive skin types or first-time peel users that may be hesitant. This peel is suitable for all skin types including very red or sensitive skin. There is little to no sensation felt when this peel is applied, so there is no need for first timers to be worried. This peel is made up of lactic and malic acids and plumping and hydrating peptides. This peel very lightly induces exfoliation and increases hydration, luminosity and plumpness within the skin.

## Pumpkin peel

This is a medium strength peel and is suitable for all skin types except sensitive and compromised skins. It is made up of lactic, salicylic and glycolic acids and natural AHAs. It is fantastic for congestion, acne, breakout-prone skin, dullness, pigmentation, mild acne scarring, blackheads, enlarged pores and uneven skin tone and texture. This peel will leave you with very little down time and nobody will ever know that you recently had treatment! Oh, and did we mention that it smells like Christmas...pumpkin spice and all things nice.

## Intense 5x Power Peel

The Intensive 5x Power Peel is a medium strength peel suitable for skin types 1–4 and not for sensitive or compromised skin. This peel is a compound of glycolic, lactic and salicylic acids. Great for anti-ageing, resurfacing, superficial fine lines, congestion, breakouts, oiliness and dullness. The pumpkin and mushroom enzyme ingredients also help munch away dead skin cells.

## Traditional Jessner

The Jessner is a strong peel and isn't suitable for all skin types. The skin must be prepared for at least 2 weeks before having this peel. The Jessner is a composition of lactic and salicylic acids and resorcinol. Jessners are multipurpose and can treat a range of conditions, but is particularly effective for congestion, blackheads, breakouts, acne prone skin, oiliness, open pores, pigmentation, sun damage, dullness and fine lines. There is a decent amount of down time with this peel due to flaking, redness and dryness normally beginning around 2–3 days after the peel and lasting for up to 7–10 days.

## Mesoéclat

Mesoéclat has been designed to activate the skin's natural healing process, which kick-starts the production of collagen and cell regeneration. Perfect for fighting signs of fatigue, ageing, uneven skin tone and dullness, this 5-part treatment plan guarantees a bright and healthy glow and includes a take home treatment cream.

## Cosmelan peel

The world's leading professional depigmentation method. The cosmelan peel significantly reduces pigmentation, including melasma, sun damage, post-inflammatory hyperpigmentation (PIH), freckles, sunspots, discolouration and dullness, and smooths fine lines and wrinkles. The cosmelan treatment uses a unique combination of active ingredients with proven results to act on the entire process of pigment formation. This involves removing the accumulation of existing melanin and inhibiting the formation of new pigmented spots. The cosmelan peel is pre-formed worldwide and is safe and suitable on all skin types.

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### Ageless peel

The Ageless Peel harnesses the amazing power of medical strength vitamin A, vitamin C and collagen to produce an advanced anti-ageing result. This treatment has many additional benefits and has been clinically proven to reduce sun damage and pigmentation, encourage collagen production and increase elastin synthesis. The Ageless Peel has a brown mud-mask like appearance and texture and is left on the skin for up to 6 hours.

### Medical Vita-A peel

The Medical Vita-A Peel uses medical grade vitamin A. This is a broad spectrum peel and can effectively treat many different concerns, including: fine lines and wrinkles, pigmentation (such as sun damage and melasma), acne, enlarged pores, congestion, blackheads, dullness, “crepe-iness” and even stretch marks. The active ingredients in this medical peel very quickly penetrate deep into the skin and attach to retinol receptors rather than breaking down protein bonds like traditional peels. This receptor binding increases skin cell turnover, stabilises pigment cells and decreases pigmentation, stimulates fibroblasts to produce new collagen and elastin, normalises sebum production to help clear obstruction and has a healing and repairing effect to minimise scarring. This peel is left on the skin for 6–10 hours and requires prepping for at least 2 weeks before initial treatment.

### Add ons

LED therapy

Hydrating mask

Neck & décolletage (excludes mesoéclat, cosmélan, medical vita-A and ageless peels).



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